



HM Coastguard

Walking the coastal path?



Check the **weather** and **tides** before you go

Wear suitable **clothing** and **footwear**

Stay away from the **cliff edge**

Use **coastal paths**

Keep your **dog** on a **lead**

Return **before dark**

Take a **fully charged phone** so you can
call **999** and ask for the **Coastguard** if
you need help or see someone in trouble