



HM Coastguard

Walking the coastal path?



- Check the **weather** and **tides** before you go
- Wear suitable **clothing** and **footwear**
- Stay away from the cliff edge
- Use coastal paths
- Keep your **dog on a lead**
- Return **before dark**

Take a **fully charged phone** so you can call **999** and ask for the **Coastguard** if you need help or see someone in trouble

For more coastal
safety tips visit
hmcoastguard.uk

