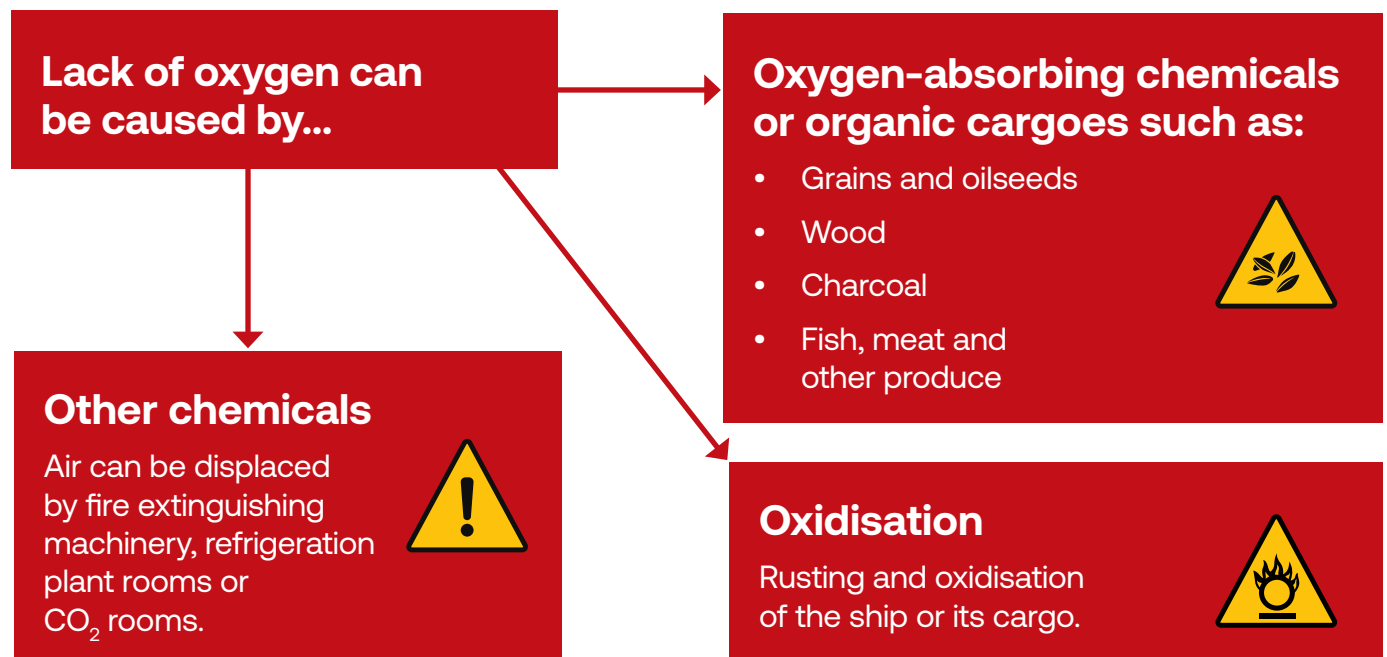




Maritime &
Coastguard
Agency

Lack of oxygen in enclosed spaces – the silent killer

Know where your enclosed spaces are



Danger of suffocation

Reduced oxygen can cause asphyxiation quickly and result in unconsciousness, paralysis, brain damage or death.

Symptoms of asphyxia: difficulty breathing, a slow heart rate, confusion, loss of consciousness, drowsiness, nausea, dizziness, headache.

Never enter enclosed spaces without taking the proper precautions

- Test the atmosphere – **do not enter if the atmosphere is unsafe**
- Wear personal protective equipment
- Communicate with others on board before entering

Always do a risk assessment and follow your procedures.