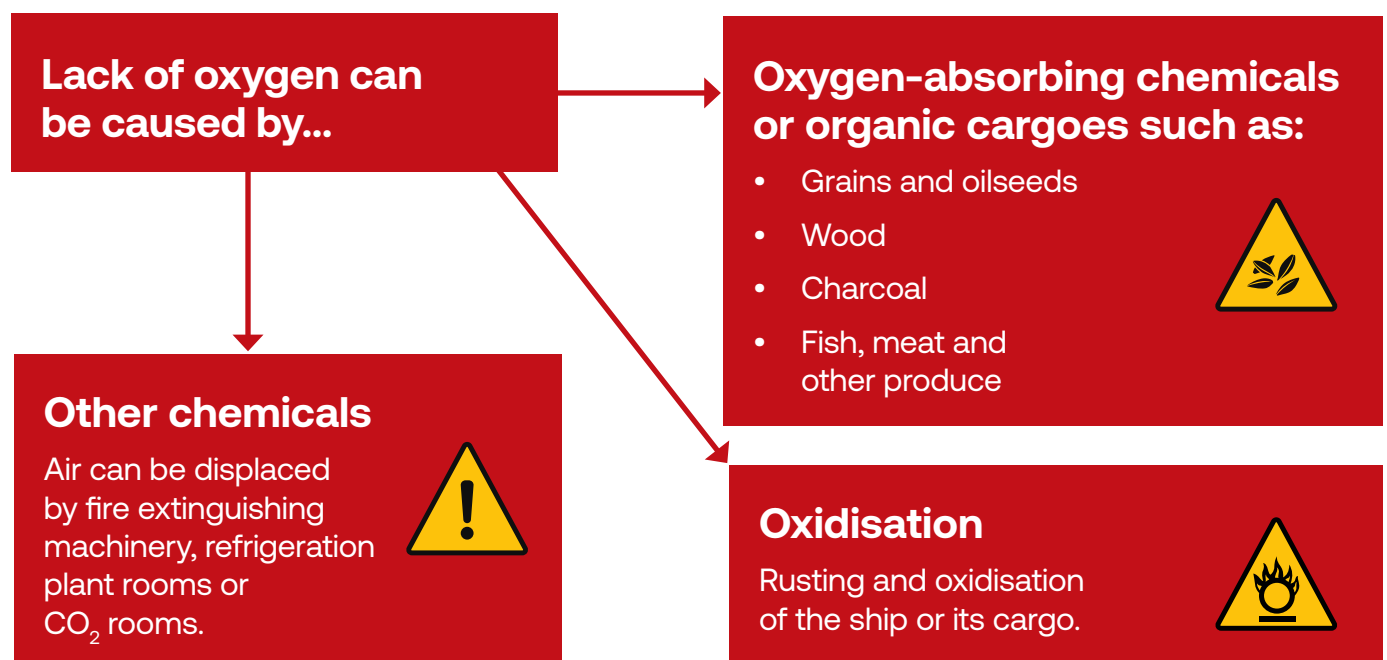




# Lack of oxygen in enclosed spaces – the silent killer

## Know where your enclosed spaces are



### Danger of suffocation

Reduced oxygen can cause asphyxiation quickly and result in unconsciousness, paralysis, brain damage or death.

**Symptoms of asphyxia:** difficulty breathing, a slow heart rate, confusion, loss of consciousness, drowsiness, nausea, dizziness, headache.

## Never enter enclosed spaces without taking the proper precautions

- Test the atmosphere – **do not enter if the atmosphere is unsafe**
- Wear personal protective equipment
- Communicate with others on board before entering

**Always do a risk assessment and follow your procedures.**